FOCUS martial arts

In My Quest To Be The Best
I show a BLACK BELT ATTITUDE in all areas of my life

Ages 11-14

NAME: _____

Parents: Please use this To-Do list to monitor your child's outstanding accomplishments at home and at his academic school. Being responsible for specific tasks and completing them, satisfactorily, is an important element of your child's martial arts training, and will help him develop Black Belt excellence in all of his life's roles. Make sure your child completes this list and submits it to his instructor at grading. NO FORM – NO GRADING

CHORES AND TASKS	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Clean Room							
Make bed.							
Put personal possessions where they belong.							
Put dirty clothes in laundry.							
School							
Complete homework on time.							
Use Black Belt effort in class.							
Show Black Belt respect to teachers and friends.							
Family							
Complete assigned chores.							
Show Black Belt respect to entire family.							
Help with younger brother or sister.							
Self-Development							
Practice martial arts 15 minutes.							
Write your short-term, worthwhile goal.							
Stay focused on written goals.							

My Journey To Black Belt Journal

STUDENT SECTION

Full Name, Age, Occupation, How long you have been training.

Please include information such as (but not limited to):

- Why I started training
- What martial arts has taught me that helps me at home & at school
- What I like about martial arts
- What skill(s) I am looking forward to mastering
- How has learning martial arts helped me
- What I still have to learn by training in martial arts
- What is my goal/s with martial arts
- Why others should train in martial arts

PARENT SECTION

Full Name, Student name, Student age,

Please include information such as (but not limited to):

- Why you wanted them to start training in martial arts
- Why you chose Focus Martial Arts
- In what areas of life outside of martial arts, has your child improved, from their training
- What you wanted your child to achieve, learn from martial arts training
- What more you see your child achieving because they trained in martial arts
- What belt would you like to see them achieve & why

My Journey To Black Belt

Name: _____

Date: _____/_____/_____

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My Child's Journey To Black Belt

Child Name_____ Date _____

Unit 1 Dividend Stt, Mansfield Qld M: 0447 267 330

Notice of Intent to Promote (student name) _____

Dear Parents and Teachers,

My family and I appreciate the opportunity to share in the development of our students**.** Together, we do our best to be role models for children and students throughout our community.

Focus Martial Arts contributes to this shared responsibility with the highest standards of professional instruction that not only teaches students how to defend themselves, but also how to develop character, integrity and leadership skills.

The principle of Black Belt excellence is fundamental to our instruction—physical, mental and spiritual. The Black Belt does not just represent a student's martial arts success, but also his academic, family and personal success.

We strive to instill Black Belt excellence in every student, as the foundation of his entire life, regardless of what roles he may choose as an adult. Together, we can help to make sure those roles—grand or humble—are beneficial to his life, family, community and career.

This Notice of Intent to Promote Letter is used to help monitor each student's progress towards his goals.

For the Student's Parent to complete

My son/daughter behaves in a respectful manner and cooperates at home. (Tick the appropriate box below.)	
	AGREE
	DISAGREE

Parent's Signature	Date

For the Student's School Teacher to complete

This student is respectful, doing satisfactory work and receiving passing grades. (Tick the appropriate box below.)	
	AGREE
	DISAGREE

Teacher's Signature	Date

ADDITIONALLY - Dear Teacher – we conduct "Attitude Talks" with school classes, where we cover subjects such as 'Excellence as a Standard'; Focus; Self Control, Self Discipline. We find these work extremely well in a classroom setting – as we are re-confirming what the teacher and parents are expecting from the students. It is a great, fun learning experience for all who participate.

	YES, I would be interested in talking further about having an "Attitude Talk" for my class
	NO

Teacher's Name:	Ph:
Email:	

If this, or any, student does not fulfill these qualifications either at home, school or **Focus Martial Arts**, then that student's promotion is delayed until he demonstrates satisfactory improvement.

You are invited to provide any additional information to help us evaluate this student for promotion. I am always available to discuss this student's training and advancement and your comments and suggestions. Thank you for your cooperation.

Sincerely,

Mark Parmley

Head Instructor - M: 0447 267 330